



National Nail Competition

4th & 5th October 2009. RDS, Simonscourt, Dublin



COMPETITION ENTRY DEADLINE – 11th September 2009

Rules and Regulations - TIP & OVERLAY – LIQUID & POWDER

1. Contestants are given two and a half hours (150 minutes) to complete a full set of competition nail extensions.
2. Sculpting forms, electric files, tip blenders, white tips and top/base coats must **NOT** be used in this category.
3. Oil and associated products (such as some cuticle removers), UV Gel products, UV Lamps and UV top coats must **NOT** be used in this category.
4. If any products that are not allowed are found on the table, you will be disqualified.
5. All tips must be in a tip box, on your table, with not less than 50 tips in the box. They must not be pre-blended or pre-sized in any way.
6. You may only use natural or clear tips.
7. All models must have 10 tips applied. Tips must be blended to the natural nail (if required) and must not show through the finished product.
8. It is compulsory for pink/clear and white powder to be used to create a French smile line on the models left hand.
9. The models left hand must be buffed to a high shine with NO top coats applied.
10. It is compulsory for the models right hand to be polished with two coats of matt red polish.
11. The back of the nails must **NOT** be painted and must be clear of any dust/debris.
12. All floor judging rules will apply. Many competitors lose points as they do not bring full eye protection, a completed client card and a metal bin with a metal lid and a plastic liner.
13. You **MUST** provide your own extension lead for any electrical equipment, i.e. your daylight lamp.
14. It is compulsory for all products, jars and bottles on the table to be labelled.
15. An official photographer from Expo Events may photograph your work and they reserve the right to use the photographs for promotional use.

Guidance - TIP & OVERLAY - LIQUID & POWDER

- Choose a good model. They should be calm and relaxed, help you with timing and keep you motivated.
- Your model should have long, healthy nail beds with good cuticles and skin, slender fingers without abrasions, scars or bruises. Preferably someone who looks after their nails. Show them how to use cuticle oil daily in the lead up to the competition. Give them a manicure a week before and again the day before to ensure their cuticles are in good condition.
- Think about timing each stage so that you can keep to the time limit allowed. You must allow plenty of time for your polish application.
- Ensure that all tips are blended to the natural nail and do not show through the finished product.
- Try to achieve a perfect shaped free edge with a good apex and deep C Curve.

- The apex arch must be in the same place on each nail and consistent.
- Smile lines should be consistent whether they are deep or soft.
- Use clear powder in zone 2 behind the white to avoid clouding / shadowing of the smile line.
- Blot the liquid out of the back of your brush to intensify the colour.
- French smile lines do not have to be created on the models right hand as they will not be seen underneath the red polish. This is the competitor's choice as some prefer to use the models right hand as a "practice run" before completing the models left hand.
- Red polish must be matt and not a pearl or shimmer. Ensure the polished hand is buffed to a shine prior to the application of polish as this will make the varnish look glossier.
- Polish ought to be close to the cuticle but not touch it. Push back the cuticles, paint the nail and then pull the skin back to look like a tight fit.
- Ensure you have enough products to hand. You may want a new buffer for every finger of the unpainted hand or soak off / remover and a bowl in case you need to start again.
- It is a good idea to use 2 daylight lamps to prevent a shadow over the models nails.
- Use a water spray and tissue / towel to remove debris and dust. Remember the use of oil is NOT permitted.
- Follow all floor judging rules to achieve higher marks.
- Look at magazines and pictures of past winners and compare their results with your own.