



# National Nail Competition

4<sup>th</sup> & 5<sup>th</sup> October 2009. RDS, Simonscourt, Dublin



## COMPETITION ENTRY DEADLINE – 11<sup>th</sup> September 2009

### Rules and Regulations - TIP & OVERLAY – UV GEL

1. Contestants are given two and a half hours (150 minutes) to complete a full set of competition nail extensions.
2. Sculpting forms, electric files, white tips, base coats and tip blenders must **NOT** be used in this category.
3. Oil and associated products (such as some cuticle removers) must **NOT** be used in the this category.
4. If any products that are not allowed are found on the table, you will be disqualified.
5. All tips must be in a tip box, on your table, with not less than 50 tips in a box and must not be pre-blended or pre-sized in any way.
6. You may only use natural or clear tips.
7. All models must have 10 tips applied. Tips must be blended to the natural nail (if required) and must not show through the finished product.
8. It is compulsory for UV lamps to be used.
9. It is compulsory for pink or clear and white gel to be used to create a French smile line on the models left hand.
10. It is compulsory for the models right hand to be polished with two coats of matt red polish.
11. UV top coats may be used on the models left hand only. They must **NOT** be used over the red polish applied to the models right hand.
12. The back of the nails must **NOT** be painted and must be clear of any dust/debris.
13. All floor judging rules will apply. Many competitors lose points as they do not bring full eye protection, a completed client card and a metal bin with a metal lid and a plastic liner.
14. It is compulsory for all products, jars and bottles on the table to be labelled.
15. You **MUST** provide your own extension lead for any electrical equipment, i.e. your UV or daylight lamp.
16. An official photographer from Expo Events may photograph your work and they reserve the right to use the photographs for promotional use.

### Guidance - TIP & OVERLAY - UV GEL

- Choose a good model. They should be calm and relaxed, help you with timing and keep you motivated.
- Your model should have long, healthy nail beds with good cuticles and skin, slender fingers without abrasions, scars or bruises. Preferably someone who looks after their nails. Show them how to use cuticle oil daily in the lead up to the competition. Give them a manicure a week before and again the day before to ensure their cuticles are in good condition.
- Think about timing each stage so that you can keep to the time limit allowed. You must allow plenty of time for your polish application.
- Ensure that all tips are blended to the natural nail and do not show through the finished product.

- Try to achieve a perfect shaped free edge with a good apex and deep C Curve by pinching during curing.
- The apex arch must be in the same place on each nail and consistent.
- Smile lines should be consistent whether they are deep or soft.
- Use clear gel in Zone 2 behind the white to avoid clouding / shadowing of the smile line.
- Red polish must be matt and not a pearl or shimmer.
- Polish ought to be close to the cuticle but not touch it. Push back the cuticles, paint the nail and then pull the skin back to look like a tight fit.
- French smile lines do not have to be created on the models right hand as they will not be seen underneath the red polish. This is the competitor's choice as some prefer to use the models right hand as a "practice run" before completing the models left hand.
- Ensure you have enough products to hand. You may need product remover/bowls in case you need to start again.
- Confirm that UV bulbs and lamps are working correctly. You could consider using a timer.
- Take an extra extension lead with you for your lamp/s. You will only be provided with one single power socket.
- It is a good idea to use 2 daylight lamps to prevent a shadow over the models nails.
- Use a water spray and tissue / towel to remove debris and dust. Remember the use of oil is NOT permitted.
- Follow all floor judging rules to achieve higher marks.
- Look at magazines and pictures of past winners and compare their results with your own.