



National Nail Competition

4th & 5th October 2009. RDS, Simmonscourt, Dublin



COMPETITION ENTRY DEADLINE – 11th September 2009

Rules and Regulations - FREE FORM SCULPTURE

1. Contestants are given two and a half hours (150 minutes) to complete a full set of competition nail extensions.
2. The UV Gel or Liquid & Powder systems may be used.
3. Any type of standard sculpting forms of may be used (except free form/Popits).
4. Electric files, base coats, adhesives and tips of any type must NOT be used.
5. Oil and associated products (such as some cuticle removers) must NOT be used in this category.
6. If any products that are not allowed are found on your desk, then you will be disqualified.
7. Nails can be of any length and shape but MUST be consistent across all 10 nails.
8. It is compulsory for pink/clear and white powder/gel to be used to create a French smile line on the models left hand.
9. Smile lines can be deep or soft but MUST be consistent across all 10 nails.
10. It is compulsory for the models right hand to be polished with two coats of matt red polish.
11. NO top coats of any type must be applied over the matt red polish.
12. The back of the nails must NOT be painted and must be clear of any debris.
13. You MUST provide your own extension lead for any electrical equipment, i.e. your UV or daylight lamp.
14. All floor judging rules will apply. Many competitors lose points as they do not bring full eye protection, a completed client card and a metal bin with a metal lid and a plastic liner.
15. It is compulsory for all products, jars and bottles on the table to be labelled.
16. An official photographer from Expo Events may photograph your work and they reserve the right to use the photographs for promotional use.

UV Gel - Specific Rules & Regulations

- ❖ It is compulsory for UV lamps to be used otherwise this will be classed as liquid and powder.
- ❖ It is compulsory for pink/clear/white gel to be used to create a French smile line on the models left hand.
- ❖ UV top coats may be only be used on the models left hand. No UV top coat is allowed over the red polish.

Liquid and Powder - Specific Rules & Regulations

- ❖ It is compulsory for pink/clear/white powder to be used to create a French smile line on the models left hand.
- ❖ It is compulsory for the models left hand to be buffed with files and buffers to a high gloss shine.
- ❖ UV Gel products must NOT be used as top coats or finishers on either hand.

Guidance - FREE FORM SCULPTURE

- Choose a good model. They should be calm and relaxed, help you with timing and keep you motivated.
- Your model should have long, healthy nail beds with good cuticles and skin, slender fingers without abrasions, scars or bruises. Preferably someone who looks after their nails. Show them how to use

cuticle oil daily in the lead up to the competition. Give them a manicure a week before and again the day before to ensure their cuticles are in good condition.

- Think about timing each stage so that you can keep to the time limit allowed. You must allow plenty of time for your polish application.
- Try to achieve a perfect shaped free edge with a good apex and deep C Curve by pinching during curing.
- Blot the liquid out of the back of your brush to intensify your colour.
- The apex arch must be in the same place on each nail and consistent.
- Smile lines must be consistent whether they are deep or soft.
- French smile lines do not have to be created on the models right hand as they will not be seen underneath the red polish. This is the competitor's choice as some prefer to use the models right hand as a "practice run" before completing the models left hand.
- Red polish must be matt and not a pearl or shimmer. Ensure the polished hand is buffed to a shine prior to the application of polish as this will make the varnish look glossier.
- Polish ought to be close to the cuticle but not touch it. Push back the cuticles, paint the nail and then pull the skin back to look like a tight fit.
- Ensure you have enough products to hand. You may want a new buffer for every finger of the unpainted hand or soak off / remover and a bowl in case you need to start again.
- It is a good idea to use 2 daylight lamps to prevent a shadow over the models nails.
- Use a water spray and tissue / towel to remove debris and dust. Remember the use of oil is NOT permitted.
- Follow all floor judging rules to achieve higher marks.
- Look at magazines and pictures of past winners and compare their results with your own.