



National Nail Competition

4th & 5th October 2009. RDS, Simmonscourt, Dublin



COMPETITION ENTRY DEADLINE – 11th September 2009

Rules and Regulations - EVERYDAY EXTENSIONS

1. “Everyday Extensions” is a SPEED category and is open to any competitor.
2. Contestants are given one and a half hours (90 minutes) to complete a full set of everyday salon nail extensions.
3. The judges are looking for consistency across **10 salon standard nail extensions that are suitable for everyday wear** that compliment the models hands.
4. Short to medium length nails with a round, oval or square nails with rounded corners are popular.
5. **NO** marks awarded for smile lines.
6. Product application/thickness, the free edge shape, length, apex arch and C Curve must be consistent and **suitable for everyday wear**.
7. You can use liquid and powder, UV gel or a wraps system to complete your set.
8. You **MUST** extend all 10 of your models fingernails by using tips or sculpting forms.
9. “**New Rule**” Oil and associated products (such as some cuticle removers and hand creams) may be used in this category.
10. Electric files must **NOT** be used in this category.
11. Tips (if used) must **NOT** be pre-blended/tailored prior to the competition or during set up and briefing. All tips must be **IN** a box on your table with no less than 50 tips inside the tip box and must not be pre-blended or pre-sized in any way.
12. Any tips may be used (i.e. natural, white or clear) except pre-designed or patterned.
13. Tips must be blended (if required) to the natural nail.
14. The models right hand must be polished with two coats of dark **MATT** polish.
15. The models left hand must be finished to a high gloss shine (either by buffing or by applying a top coat).
16. Base and top coats may be used on both hands.
17. UV lamps and UV top coats may be used with any system on both hands if required.
18. Dark polish **MUST** be matt and must **NOT** contain any glitter or shimmer.
19. The back of the nails must **NOT** be painted and must be clear of any debris.
20. You **MUST** provide your own extension lead for any electrical equipment, i.e. your UV or daylight lamp.
21. All floor judging rules will apply. Many competitors lose points as they do not bring full eye protection, a completed client card and a metal bin with a metal lid and a plastic liner.
22. It is compulsory for all products, jars and bottles on the table to be labelled.
23. An official photographer from Expo Events may photograph your work and they reserve the right to use the photographs for promotional use.

UV GEL - Specific rules and regulations

- * Coloured gels in a dark colour may be used to create the polished effect on the right hand.
- * It is **NOT** compulsory to create a French smile line.

WRAPS - Specific rules and regulations

- * Silk/nylon/fabric may be used. It must be an industry recognized product.
- * The wrap fabric must cover at least 2/3 of the nail.
- * Resins and activators applied with a spray, brush or nozzle are acceptable.

LIQUID AND POWDER - Specific rules and regulations

- * Coloured acrylics in a dark colour may be used to create the polished effect on the right hand.
- * It is NOT compulsory to create a French smile line.

Guidance - EVERYDAY EXTENSIONS

- Choose a good model. They should be calm and relaxed, help you with timing and keep you motivated.
- Your model should have long, healthy nail beds with good cuticles and skin, slender fingers without abrasions, scars or bruises. Preferably someone who looks after their nails. Show them how to use cuticle oil daily in the lead up to the competition. Give them a manicure a week before and again the day before to ensure their cuticles are in good condition.
- Think about timing each stage so that you can keep to the time limit allowed. You must allow plenty of time for your polish application.
- The length and shape of the models nails is your choice but must be consistent. Remember that this category is for salon standard nail enhancements that are suitable for clients wearing everyday.
- Most competitors choose to create a medium/short length round/oval nail but this is your choice! Look at your models nails and decided what would be flattering.
- Salon nails are NOT as thin or long and do NOT have very deep/pinched C curves as normal competition nails would.
- Intensify your colour by blotting the liquid out of the back of your brush.
- Ensure that all tips are blended (if required) to the natural nail and do not show through the finished product.
- NO points are given for smile lines.
- Practice with your polishes to check they are good quality. Polish ought to be close to the cuticle but not touch it. Push back the cuticles, paint the nail and then pull the skin back to look like a tight fit.
- Ensure you have enough products to hand. You may want product remover and a bowl in case you need to start again.
- It is a good idea to use 2 daylight lamps to prevent a shadow over the models nails.
- Use a water spray and tissue / towel to remove debris and dust.
- Remember the use of oil is now permitted but Do NOT flood your models hands/nails with oil. It makes judging your model very slippery!
- Take spare nozzles and resin bottles in case they become blocked.
- Confirm that UV bulbs and lamps are working correctly. You could consider using a timer.
- Follow all floor judging rules to achieve higher points. Many competitors lose points as they do not bring full eye protection, a completed client card and a metal bin with a metal lid and a plastic liner.
- Look at magazines and pictures of past winners and compare their results with your own.